

## Foundation Course Timetable for 2021-22 MBBS Batch

### Week - 1

Day/Time	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
1.	1A – FC 1.5 - Introduction by the Principal and other teachers	1A-FC 1.5 Vision / Mission of the institution	1A-FC 1.5 - Meeting with parents		Lunch	1A-FC 1.4 Rules and Regulations of the institution	1A-FC 1.5 -Introduction by students	
2.	1A-FC 1.5 - Visit to phase 2 department 3 batch of 50 each		1B- FC 1.1- Doctor Patients relationship - LT -2		Lunch	1A-FC 1.5 -Trip to Ana/Physio/Biochem in 3 batch of 50 each – <b>Demo Room of respective Dept.</b>		1A-FC 1.5 - Visit to Central library (Skill for resource finding)
3.	1C-FC 1.10 Alternate health system- LT -2		1D – FC 1.3 - Introduction to Medical Profession – LT -2		Lunch	1A-FC 1.5 - Trip to Ana/Physio/Biochem in 3 batch of 50 each - <b>Demo Room of respective Dept.</b>		1A-FC 1.8 – Role of physicians at different level LT -2
4.	6 - Sports Day				Lunch	6 - Sports Day		

### Week – 2

Day/Time	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
5.	1D –FC 1.7 - MBBS Program - LT -2		1D FC 1.2 - Role of IMG - LT -2		Lunch	1A-FC 1.5 - Trip to Ana/Physio/Biochem in 3 batch of 50 each - <b>Demo Room of respective Dept.</b>	1D – FC 1.6 Various carrier pathways after MBBS – LT 2	
6.	2D FC 2.3 - Patients safety and biohazards – LT -2		2C FC 2.3 - Universal Precaution - LT -2		Lunch	2C FC 2.5 - Interactive Practical demonstration- Hand Washing Gloving and de-gloving	1E- FC 1.9 Principles of Family Practice LT -2	
7.	2B- FC 2.1 BLS (DOAPS) - LT -2				Lunch	2C FC 2.7 - Interactive Practical demonstration - safe disposal of Biohazardous materials Batch 1-50	1A-FC 1.5 (Enrollment for batch allotment, Distribution of ID Cards, Work related to affidavit)	
8.	2A,2B & 3A - Visit to hospital in six batches of 25 each				Lunch	2A,2B & 3A - Visit to hospital in six batches of 25 each	2C FC 2.7 - Interactive Practical demonstration -safe disposal of Biohazardous materials Batch 51-100	
9.	2A FC 2.2 - First Aid - LT -2		2E – FC 2.8 - Immunization schedule		Lunch	2A,2B & 3A - Visit to hospital in six batches of	2C FC 2.7 - Interactive Practical demonstration -safe disposal of	

				25 each	Biohazardous materials Batch 101-150
10.	2E – FC 2.8 - Visit to Immunization clinic	2F – FC 2.9 – Medical Records - LT -2	Lunch	2F – FC 2.9 – Documentation - Visit to MRD Section (Skill to Maintain record)	5C FC 5.1 - A. Elements of communication B. VOCALS: Tonality, speed, tenor - LT -2

### Week – 3

Day/Time	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
11.	2C – FC 2.6 – Needle Stick injuries LT – 2		2F – FC 2.9 - Research Methodology & its Ethical Aspects - LT -2		Lunch	2C – FC 2.6 - Demonstration of Sample Collection		5C FC 5.1 - Listening skills, body language & importance of empathy- LT -2
12.	3A FC 3.1, 3.2 - National Health policy LT -2	3B FC 3.5- Community Visit skill to communication with Gen. public			Lunch	5C FC 5.1 - Workplace attitude - LT -2		5D FC 5.4 - Introduction to Ms-Word- LT -2
13.	3A FC 3.4,3.6 - Principal of Community help & ability to receive feedback - LT -2	3B FC 3.3 - Health care system and its delivery - LT -2			Lunch	5D FC 5.4 - Introduction to Information Technology & its impact in the field of Medical Sciences. - LT -2		5D FC 5.4 - Introduction to Ms-Word- LT -2
14.	4A - FC 4.1 – Professionalism - LT -2		4A – FC 4.1 - Ethics and Professionalism- LT -2  4J-1.2 -Different methods of learning- LT -2		Lunch	5D FC 5.4 - Introduction To Ms-Excel - LT -2		5D FC 5.4 - Spell Check Features, Thesaurus, Mail Merge with Envelopes and Labels- LT -2
15.	4A – FC 4.2 - Interaction on Core values in physicians- LT -2		4B - White Coat Ceremony		Lunch	5D FC 5.4 - Data Analysis with Charts and Filtering Techniques, - LT -2		5D FC 5.4 - Spell Check Features, Thesaurus, Mail Merge with Envelopes and Labels- LT -2
16.	<b>6 - Sports Day</b>				Lunch	<b>6 - Sports Day</b>		

### Week 4

Day/Time	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
17.	4C – FC 4.3 - Consumer protection act- LT -2		4C – FC 4.3 - Case based discussion- LT -2		Lunch	5C FC 5.3 - Demonstrate ability to learn and communicate in English, Confidence Building- LT -2		6 – Extracurricular Activity
18.	4D – FC 4.6 - Gender sensitization & Woman empowerment - LT -2		4D – FC 4.4 - Role Play by students /		Lunch	5D FC 5.5 - Email, telephone, etiquettes (Role		6 – Extracurricular


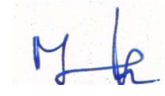
			Movie related to Gender sensitization & Women empowerment-LT -2		play activity) - LT -2	Activity	
19.	4E – FC 4.5 - Define disabilities & its various types, Emphasis on Blindness - LT -2	4E – FC 4.5 - Disability act & etiquettes- Emphasis on Hearing disability LT -2	4E – FC 4.5 - Communication with people having disabilities – Non discrimination - LT -2	4E – FC 4.5 - Accessible healthcare settings for disabilities, Emphasis on Locomotor Disability LT -2	Lunch	5C FC 5.1 - Confidence Building - LT -2 (JAM Sessions)	6 – Documentary Movie - LT -2
20.	4F – FC 4.8- Role of Yoga & Nutrition in health and disease - LT -2		4F – FC 4.8 - Discuss with students for skill on yoga & diet planning - LT -2		Lunch	5D FC 5.4 - Introduction to Ms- PowerPoint- LT -2	6 – Healing by Music - LT -2
21.	4G – FC 4.7 - Stress Management - LT -2		4G – FC 4.7 - Feedback by students - LT -2		Lunch	5D FC 5.4 - Presentation skills, Group Presentations by students - LT -2	6 – Extracurricular Activity

### Week – 5

Day/Time	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
22.	4H – FC 4.9 - Time Management- LT -2		4H – FC 4.9 - Panel Discussion on Time management - LT -2		Lunch	5D FC 5.4 - Working with Hyperlinks, and incorporating audio and video in presentation - LT -2		6 – Extracurricular Activity
23.	4I – FC 4.10 - Interpersonal Relationship- LT -2	4J – 4.12, 4.14 – Group Learning & Self Directed Learning - LT -2	4J- FC 4.15- Collaborative learning - LT -2			5D FC 5.4 - Creating Animations, Using Special Transition Effects in Presentation- LT -2		6 - Music – LT -2
24.	4J – 4.13 Learning Pedagogy - LT -2		4I - FC 4.11 Distribution of Mentors to Students LT-2		Lunch	5D FC 5.5 - Introduction to Search engines and its different flavors, keyword specific searches. Searching of medical Databases. LT -2		6 – Extracurricular Activity
25.	5A, 5B - FC 5.1 - Ability to communicate with patients and their family with preferred language - LT -2		5C FC 5.2 - Demonstrate ability to learn and communicate in Hindi, Confidence Building- LT -2		Lunch	5D FC 5.5 - A study of search engines for medical sciences. Trusted medical Journals and books search. - LT -2		6 – Extracurricular Activity
26.	5D - E-World – Pros & Cons on cybercrime- LT -2		F.1 - COVID-19 - History of Outbreaks, Epidemics & Pandemics- LT -2		Lunch	2F FC 2.9 - Reflection on Foundation Course by students- LT -2		6 – Extracurricular Activity

### Foundation Course Colour Code & Hour Distribution

<b>Module No.</b>	<b>Modules with colour coding</b>	<b>Allotted hours by MCI</b>	<b>Actual hours taken</b>
1	Orientation Module	30	30
2	Skills Module	35	36
3	Community orientation module	8	8
4	Professional Development and Ethics Module (P&E)	40	42
5	Enhancement of Language and Computer Skills Module	40	40
6	Sports and extracurricular activities	22	24
7	Module on Pandemic Management	2	2

 <b>Dr. Aditya Pratap Singh</b> MEU Coordinator Associate Professor, Dept. of Anatomy United Institute of Medical Sciences, Prayagraj	 <b>Prof. Dr. Mangal Singh</b> Principal United Institute of Medical Sciences, Prayagraj
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